

WHAT IS THE WALK TO EMMAUS?

The Walk to Emmaus is an experience of Christian spiritual renewal and formation that begins with a three-day short course in Christianity. It is an opportunity to meet Jesus Christ in a new way as God's grace and love is revealed through other believers.

The Walk to Emmaus experience begins with a sponsor's prayerful discernment. An invitation and application are then extended to the participant. The completed application is forwarded to Emmaus leaders, who prayerfully consider each applicant. The community registrar invites the person to attend a three-day experience of New Testament Christianity as a lifestyle.

Following the three-day experience, participants meet in small groups to support each other in their ongoing walk with Christ. Through the formational process of accountable discipleship in small groups and participation in the Emmaus community, spiritual gifts and servant-leadership skills are developed for use in the local church's mission. The objective of Emmaus is to inspire, challenge, and equip the local church members for Christian action in their homes, churches, and places of work. Emmaus lifts up a way for our grace-filled lives to be lived and shared with others.

ARE YOU INTERESTED?

For more information on Emmaus, contact:
The Upper Room Walk to Emmaus
P. O. Box 340004
Nashville, TN 37203-0004

In Canada, the United States, and Puerto Rico,
call Toll-Free
1-877-899-2780 ext. 7227

Others may call 1-615-340-7227

www.UpperRoom.org/Emmaus
emmaus@upperroom.org

***For information on the schedule of
Emmaus events in your area, contact:***

East Texas Emmaus Community
at: <http://etemmaus.com>



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A
Transforming
Experience
of
Christian
Community



A JOURNEY WITH CHRIST

The Gospel of Luke relates the story of two disciples of Jesus who were going along the road from Jerusalem to Emmaus. As these two friends were walking together, they shared their hearts' deepest concerns about the death of Jesus. An unknown person joined them and explained the scriptures as they walked. Toward the end of the day's travel, they urged the stranger to eat with them. As the stranger took bread, blessed, broke, and shared it with them, their eyes were opened and they recognized the risen Christ. Then they rushed back to Jerusalem to share the good news with others.

(Luke 24:13-35)

WHO SHOULD GO TO EMMAUS?

Emmaus is open to members of any Christian denomination. Emmaus is for the development of Christian leaders who:

- are members of a local church
- have a desire to strengthen their spiritual lives
- may have unanswered questions about their faith
- understand that being a Christian involves responsibility
- are willing to dedicate their everyday lives to God in an ongoing manner.



WHAT HAPPENS ON THE EMMAUS WEEKEND?

You will enjoy three days of singing, learning, laughing, worshiping, reflecting, praying, and participating in small groups. Discussions center around fifteen talks given by laity and clergy. These talks present the theme of God's grace, how that grace comes alive in the Christian community, and how it expresses itself in the world. You'll also discover how grace is real in your life, how you live a life of grace, and how you bring grace to others. You will have the opportunity to participate in the daily celebration of Holy Communion and to understand more fully the body of Christ. You will experience God's grace through the prayers and acts of anonymous service offered by the Emmaus community. You will leave with an experience of Christian love in action that will equip you for new levels of grace-filled service and leadership.



WHAT HAPPENS AFTERWARD?

You are invited to have a closer walk with Christ for the rest of your life. Those who attend a Walk to Emmaus are encouraged to:

- expand their own spiritual lives through worship, study, and active participation in their local church;
- become more active disciples of Christ in service to the world.

To nurture this process of discipleship, the Emmaus movement offers specific opportunities. First, groups of four to six people meet weekly to reflect on their spiritual journey and encourage one another in accountable discipleship. Second, there are monthly community gatherings where Emmaus participants meet for fellowship, worship, and instruction. Third, through a newsletter, members become aware of community happenings, support needs for upcoming Walks to Emmaus, and other opportunities for servant leadership.